Day	Lab or Activity	Worksheets	Lecture/ Class Notes	AV Presentation	Follow-Up	Homework	Assessment
1		Energy Unit Map (3:30)	Energy Unit Map (CN 3:1)				
2		Kinetic and Potential Energy Lesson Diagram (3:31)	Kinetic and Potential Energy Lesson Diagram (CN 3:2)			Kinetic and Potential Energy Assignment (3:32)	
3	Roller Coaster Lab (3:33)						
4	Roller Coaster Lab (cont'd)						
5					Review homework before quiz		Kinetic and Potential Energy Quiz
6		Forms of Energy Lesson Diagram (3:34)	Forms of Energy Lesson Diagram (CN 3:3)				

Day	Lab or Activity	Worksheets	Lecture/ Class Notes	AV Presentation	Follow-Up	Homework	Assessment
7		Forms of Energy Study Guide (3:35)	Forms of Energy Study Guide (CN 3:4)	riesentation		Forms of Energy Assignment (3:36)	
8	Cube Keeper Challenge Lab (3:37)						
9	Cube Keeper Challenge Lab (cont'd)						
10					Review homework before quiz		Forms of Energy Quiz
11		Work Lesson Diagram (3:38)	Work Lesson Diagram (CN 3:5); Sample Work Problems (CN 3:6)			Work Assignment (3:40)	
12		Simple Machines Study Guide (3:39)	Simple Machines Study Guide (CN 3:7)				

Day	Lab or Activity	Worksheets	Lecture/ Class Notes	AV Presentation	Follow-Up	Homework	Assessment
13	Penny Lever Lab (3:41)						
14					Review homework before quiz	Energy Review (3:42)	Work Quiz
15	Energy Vocabulary Review						
16					Review homework before test		Energy Unit Test
17	Unit 3 Project: Energy Alternatives						
18	Unit 3 Project (cont'd)						

Day	Lab or Activity	Worksheets	Lecture/ Class Notes	AV Presentation	Follow-Up	Homework	Assessment
19	Unit 3 Project (cont'd)						
20	Unit 3 Project (cont'd)						
21	Unit 3 Project (cont'd)						