

9:10a Erikson's Psychosocial Theory of Development

We experience 8 developmental crises during the course of life

Trust vs. Mistrust: birth to 1 year

Is the world a good place, or bad

Autonomy vs. shame/doubt: 1-3 yrs

Child attempts to make choices of his/her own

If met with ridicule, impatience or attempts to control them → shame and doubt

Initiative vs. guilt: 3 – 6 yrs

Children learn to initiate activities and enjoy their accomplishments, thereby gaining a sense of purpose

If initiative is stifled by caregivers, the child may develop guilt over trying to show independence

9:10b Erikson's Psychosocial Theory of Development

Industry vs. inferiority: 6 – 12 yrs

The child attempts to learn skills needed to succeed in life

The child's feelings of self-worth are determined by how s/he is received by parents/teachers, in regard to successes/failures

Identity vs. role confusion: adolescence

One's identity evolves from intense soul-searching and questioning → identity formation

If the questions can't be answered, one remains confused about who s/he is (identity crisis)

Intimacy vs. isolation: 20 – 30 yrs

If one has close relationships, feelings of intimacy will develop

W/out close relationships, one may avoid committing to others, resulting in feelings of isolation

9:10c Erikson's Psychosocial Theory of Development

Generativity vs. stagnation: 30 – 65 yrs

Giving of love extends beyond the family to include all of society

If these feelings don't develop, materialism and self-absorption rule

Ego integrity vs. despair: 65+ yrs

Successfully passed through all stages → satisfaction and feelings of accomplishment

Those who poorly resolved earlier crisis oftentimes look back on their life with regret