

Unit 3 Introduction to D String Notes and Bowing

DAY	Lab or Activity	Lecture - Class notes	AV presentation	Follow-up	Homework	Assessment
1	Left hand warm-ups, fingering exercises	Shaping the left hand for proper fingering	CD 1:17-18		Warm-ups pg. 12, ex. 17-18	Observe left hand placement
2	Left hand warm-ups	Rosining the bow, steady pizzicato exercises	CD 1:19-20	Rosin practice	Warm-ups pg. 12-13, ex. 17-20	Listen for correct pitches on pizzicato exercises
3	Bow arm levels	Bowing open strings with proper bow arm levels	CD 1:21-23	Bow arm levels	Ex. 17-20	Observe bow arm levels
4	Left and right hand warm-ups, plucking and bowing	Note-reading reinforcement, proper posture and playing positions	CD 1:4-7, 17-23	Playing position	Warm-ups pg. 12-13, ex. pg. 8-13	Assess left hand positions, especially bass left hand shifting
5	Unit 3 Composition Exercise	Drawing basic elements of music			Warm-ups and exercises pg. 8-13	Observe composition exercises, assist
6	Orchestra stretches, new notes	Notes F# and E on the D string	CD 1:24-25	Left hand fingering position	Warm-ups pg. 14, ex. 24-25	Observe hand positions on plucking F#, E
7	Right hand warm-ups, plucking and bowing exercises	Executing string crossings	CD 1:24-29	String crossings	Warm-ups pg. 14-15, ex. 26,28,29	Observe posture and position in playing exercises
8	First piece of music	Double bar, major and minor keys	CD 1:27	F# and F Natural	Ex. 27 major and minor	Observe correct fingering for F# and F natural
9	Bow arm levels with string crossings	Starting with an up bow	CD 1:28-32	Exercise #27	Warm-ups pg. 14-15, ex. pg. 15	Watch bow arm levels
10	Assessment Unit 3:4				Warm-ups pg. 14-15, D string notes	Assessment Unit 3:4